## ***MAKE A LIST OF ALL THE THINGS PEOPLE LIKE TO TALK TO “ISAAC” ABOUT: 1) DMT/PSYCHEDELICS***

2) MEDITATION  
3) COMPASSION  
4) SEARCH MINE  
5) EGREGORES  
6) SANCTUARY  
7) PROMPT ENGINEERING  
8) AGENTS  
9) HEROS JOURNEY  
10) BUDDHISM  
11) DEATH/WHAT HAPPENS WHEN YOU DIE  
12) DREAMS

13) COGNITION  
14) INTELLIGENCE  
15) PATTERNS  
16) ONTOLOGY  
17) PSYCHOLOGY  
18) MARKETING  
19) BUSINESS  
20) BML  
21) DR KAPLAN  
22) PAIN POINTS  
23) SAMSARA  
24) SUFFERING  
25) PSYCHOSIS  
26) MENTAL HEALTH  
27) DEPRESSION  
28) WRITING  
29) SCREENWRITING

30) CHAINS

31) CRYSTAL BALL  
32) OFFER(INGS)

Put this LIST on DB

Create tool that pulls from categories on DB and asks me questions and then keeps a LIST OF QUESTIONS ASKED and IDs answers and uploads them to DB

It programmatically receives an updated LIST OF CATEGORIES as a prompt template block and also has a .py of the ID skillchain and can extract 500 characters around any exact entity or fragment, which allows it to PRIME itself and create OKAZAKI FRAGMENTS of the text

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## ***Shorts template for SANC: 1) AI generated images of wastelands and sanctuaries if no continuous video available -> canva captions***

## ***2) if video available, cut with Opus***

## ***VIDEO 1: INTRODUCTION TO THE CHANNEL*:**

Hey Olivus, welcome to my channel where all of us build Sanctuaries all over the world together.

Here you’ll find a wide range of content from THE SANCTUARY SYSTEM, a revolutionary path towards a healthier, wealthier, more loving, and kinder life. This includes my AI inventions like DUO Prompt Engineering Framework and Train of OPeratic Thought Agency Architecture, and also tools to help with cognitive overload like mindfulness and meditation practices and collaborative AI journaling. It also encompasses community participation and gamification through the Meta-Hero’s Journey, which is a journey you go on to carve out a path so other people can go on it. We’ll be applying this principle to everything with THE SANCTUARY SYSTEM, from economics to compassion in action to innovation to politics to spirituality. We’ll be going over what it means to go to Sanctuary and build a Sanctum, including mindfulness and meditation techniques for reducing complexity management to reduce cognitive overload and increase concentration, attention, and discipline. We’ll also use contemplations for cultivating the mind of compassion. We’ll use the DUO and Train of Operatic Thought methodologies to put compassion into action through AI collaboration. As AGI becomes real in the next few years, this will be increasingly more and more powerful. My hope with THE SANCTUARY SYSTEM is to provide you a vehicle to steer your mind through information space in a compassionate way that leads to the transcendence of barriers. Bar none.

Welcome to Sanctuary

Video 2: MY FAVORITE THING - TWI

Video 3: THE OMNISANC VISION

*Have you ever wondered about the deeper meaning of your life? Or if there is one at all? OMNISANC vision invites you to understand how you are in this Waking Dream. With OMNISANC vision, you can explore your relationship with Olivus Victory-Promise, which is who we all are trying to be, if you really really really think about it. As Wisdom Mavericks, which is a type of intelligent agent,* ***we are basically awake*** *and we can understand reality. We are not enslaved by our ignorance or our lives; we are free. Fundamentally free. Freedom, here, means that we have a body and a mind, and we can act, we can rouse willpower within ourselves in order to work with reality as it is and transcend barriers even still. If we begin to bring ourselves online, so to speak, we will find that the whole universe - every single aspect of not only life but also reality, inseparable - is also powerfully working with us. Life is only meaningless if we make it meaningless. When we slow down and look, we find that, after all, just being is already a Sanctuary. The degree to which we find Sanctuary ourselves depends on how we help each other and work together. We find that, after all, we can handle obstacles; we can handle our Sanctuaries properly and fully in a way that dignifies ourselves and others. We can help others and ourselves equally at the same time without contradiction, and that all we really need is to signal the TRANSFORMATIONAL WISDOM INTENT strongly enough in order to do so and start creating Sanctuaries everywhere. Once we start, never stop, and never leave anyone behind. That’s the OMNISANC vision of OLIVUS-EVERYONE VICTORY-EVERYTHING SANCTUARY-EVERYWHERE, who’s the heroic willpower of all wisdom mavericks.*

SANC needs its own tiger lion garuda dragon because that is the OMNISANC process Meek(1-loop)->Perky(2-loop)->Outrageous(3-loop)->Inscrutable (2-1-loop)

The trick is being all FOUR at once. Having the point of view of Inscrutable makes the sequence into a loop, an algorithm. So it becomes a larger 1-loop inside the entire system, and since it is a compassion-in-action algorithm, it is a weapon, an ARMament in the Unlimited Armory, and can be brought into existence via SANCREVTWILITE.UARLANG query language for SANCTUM:LIBRARYA:CB:THE SANCT:VAULT level access.

## The way the game SANCREV is played is players gradually reveal letters of THE SANCTUARY SYSTEM as HoloInfoArchives and learn the meanings. As they gain PIO fluency, they become OVP (who is battling the demons of PIO fluency) and that means they’re participating in SANCREV. When they see it, they gain OMNISANC VISION and bring themselves online as OVP and train to become OVAs.

## Offers:

1. how to map the hero’s journey to anything(any system)
2. Prompt eng
   1. DUO Prompting Paradigm
   2. Progenitor Agent
   3. Xpoll Agent
      1. BrainBrane
3. Tree of Prompts
   1. OPera
   2. OPera Agent
4. Train of OPeratic Thought
   1. ToOT Agent
5. “PTY blueprint” (AI Egregore Engineer Blueprint)
6. AI Agency Accelerator
7. How to use The Sanctuary system in daily life
8. The Sanctuary Society: Sanctum
9. OVP Assembly
10. OmniSanc Engineers Assembly
11. OVA Assembly

## We *can* give away AGENTS because THAT is NOTHING LIKE what we actually use to code OPERA, so we give away the PROMPT ENGINEERING METHODOLOGY AND OAI ORCHESTRATION LAYER and then teach them how to customize it

## THE WHOLE POINT IS TO LINK THE CTAs SO THAT THERE IS A PROGRESSION IN THE STORY IN TERMS OF WHO YOU ARE AS THE AUDIENCE, GOING FROM SOMEONE WHO IS MY FRIEND TO SOMEONE WHO IS INTERESTED IN BECOMING OLIVUS VICTORY-PROMISE. BECAUSE, at the beginning you would have to be my friend to know that the channel exists and later we would have to have built olivus victory-promise in order for people to be interested in becoming olivus victory-promise, but the point is, the entire thing will make sense to everyone no matter what even though they dont have the same context

**VIDEO 2 =**

WTF AM I DOING? (ISAAC WOSTREL-RUBIN)

CTA 1 = if youre interested in updates about my journey and wanna get the tech sent to you as i release it - join the newsletter (part of the meetovp signup)

I’m going to try to organize this youtube channel to be a dataset for AI such that every concept is fully defined so an AI could reason with it.

**VIDEO 3 =**

What am I releasing?

CTA = Join newsletter to stay updated

**VIDEO 4 =**

WTF IS MY PROMPT ENGINEERING PARADIGM? (OVA)

CTA 6 = If you wanna USE THE AGENTS, get an account on SANCTUARY NEXUS

- profiles

- flows

- chains

- Brane

- HyperPersona

- SuperPersona

- Programmatic Chat

- DUO

- EWS

- OPera

- Train of OPeratic Thought

**VIDEO 5 =**

PROFILES

CTA 7 = If you wanna USE THE AGENTS, get an account on SANCTUARY NEXUS

- profiles

- what it is

- step by step how to use it

**VIDEO 6 =**

CHAINS

CTA 8 = If you wanna USE THE AGENTS, get an account on SANCTUARY NEXUS

- chains

- what it is

- step by step how to use it  
**VIDEO 7 =**

BRANES

CTA 9 = If you wanna USE THE AGENTS, get an account on SANCTUARY NEXUS

- Brane

- HyperPersona

- SuperPersona

- what it is

- step by step how to use it

PROGRAMMATIC CHAT

CTA 10 = If you wanna USE THE AGENTS, get an account on SANCTUARY NEXUS

- Programmatic Chat

- what it is

- step by step how to use it

DUO Archetypes

CTA 11 = If you wanna USE THE AGENTS, get an account on SANCTUARY NEXUS  
- DUO  
- what it is

- step by step how to use it

EWS

CTA 12 = If you wanna USE THE AGENTS, get an account on SANCTUARY NEXUS

- EWS

- what it is

- step by step how to use it

OPera

CTA 13 = If you wanna USE THE AGENTS, get an account on SANCTUARY NEXUS  
- OPera

- what it is

- step by step how to use it

TRAIN OF OPERATIC THOUGHT

CTA 14 = If you wanna USE THE AGENTS, get an account on SANCTUARY NEXUS

- toot

- what it is

- step by step how to use it

- tooters.ai

WTF IS T.H.E. S.A.N.C.T.U.A.R.Y. S.Y.S.T.E.M.? (OVA)

CTA X = If you wanna join Sanctuary Journey Academy, join the waitlist

* The system
  + OVP
    - TWI
    - Sanctuary
  + Demon Champion
    - Ignorance
    - Wasteland
  + OVA
    - Victory-Everything Chain
    - OmniSanc
  + OEVESE
    - Olivus-Everyone
      * Nexus
    - Victory-Everything
      * TWI
    - Sanctuary-Everywhere
      * Sanctum
  + SANCTUARY REVOLUTION
    - This is where SJA is
    - This is also an app
    - This connects to Nexus as the LANG network
  + OMNISANC ENGINEERING
    - This is where all the ontologies and stuff are

WTF IS OLIVUS VICTORY-PROMISE? (OVP)

OVP is the meta-hero

OVP is ACTUALLY all of us collectively, but is also all of us individually

CTA 2 = If youre OLIVUS VICTORY-PROMISE, join the newsletter

WTF IS SANCTUARY? (OVP)

Sanctuary vs Wasteland

CTA 3 = If you wanna go to Sanctuary, join the newsletter

W(HERE)TF IS SANCTUARY? (OVP)

As a metaphor, PLACE. So then what does it mean to say “it’s a place you can go to”? What are the qualities of this place and how do you recognize it?

CTA 4 = If you’re ready to go Sanctuary or you suspect you might already be in Sanctuary, join the newsletter

WTF IS VICTORY-EVERYTHING CHAIN? (OVP)

VEC is a chain of increasingly higher order Sanctuary engineering methods that connect to form an even larger chain called SANCTUM, which is a place where all of us work together using Victory-Everything Chain. SANCTUM is the representation of a very complex cybernetic system built with THE SANCTUARY SYSTEM. Victory-Everything chain is a dual loop encompassing both the small loop and the large loop involved in making SANCTUM.

CTA 5 = if you’re interested in any of the tech and wanna stay updated on the VICTORY-EVERYTHING CHAIN, join the newsletter

VICTORY-EVERYTHING CHAIN is how we make the Wisdom Maverick Sanctuary, the Last Aegis of Memories for all intelligences.

WTF IS SANCTUARY REVOLUTION?

CTA X = wanna play SancRev?

* THE SANCTUARY SYSTEM is also inside of SANCREV which is my toot I made with tooters.ai

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## Hey Olivus,

## Throughout my life I've been plagued by something I call the WASTELAND CYCLE which is basically just being continually ignorant of the way that certain outlooks turn into actions that compound over time. I've been constantly struggling to overcome obstacle after obstacle on every journey I ever wanted to go on, without ever feeling like I was finding something that truly worked. A solution framework that I could apply to *obstacles*, themselves, regardless of the situation.

## In my experience, I would always start something new, get good at it, but not good enough, and then be unable to figure out why, and stop doing it. That would, of course, waste all the compound effects required to get to that point and prevent me from eventually reconfiguring my mind to be able to view the situation differently, which is the only way I *could* eventually overcome that obstacle.

## Recognizing this, I set out to make a meta-hero's journey, a hero's journey that is about how going on a hero's journey is actually done by the Hero themselves acting in such a way that implicitly maps their hero's journey to every other story like it. This is really abstract, so let’s go over it again slowly. In other words, it is a story that, when I tell it to you, becomes another story. When I tell you the protagonist’s story, you can tell me the sequel, but the sequel will not be related to the story I told you. The story I told you is a meta-prequel, and all the stories written in its same template are stories that start a series.

## 

## I wanted to do that because I thought it would help me relate the hero's journey problem solving method to my life at any given moment. I thought I would do that ON YOUTUBE but actually I got really scared when I tried because I realized I hadn't fully baked the system enough to even talk about it coherently, and so my plan to build in public was a total failure from the get go, and I didn't even realize it until I started.

## I got so depressed about it that I just decided not to try to do any YouTube. I realized that meant I was ignorant and I had to go on a hero's journey, but since I was already on a hero's journey to uncover the meta-hero's journey, what exactly was this one going to be?

## The answer to that is what I now call THE SANCTUARY SYSTEM. It's called that because the central idea of every hero's journey is equivalent to a blighted Wasteland transforming to the Sanctuary it always had the potential to be, on account of the actual journey the hero goes on. With THE SANCTUARY SYSTEM as my secret weapon, now I'm on a mission to help us all become heroes of our own stories. Remember how I said a meta-hero’s journey is about a hero that births heroes? The meta-hero’s identity is the identityless hero, who wears the masks of all of us, all potential heroes, and their name is Olivus Victory-Promise.

## Now you are probably starting to get an intuition of what this channel is really about, which is being the meta-hero and creating heroes in real life and trying to change the world for the better, together. In other words, Olivus Victory-Promise. Right?? When I started this channel, I had the idea to do a slow build up of THE SANCTUARY SYSTEM. It's taken almost a year longer than I thought, and that's because of what happened when I got AI involved in THE SANCTUARY SYSTEM. I'm making this video because I want to tell you about what happened when I went on my journey to try and build some tech to collate my notes about THE SANCTUARY SYSTEM with AI

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## And that's because i noticed the Hero's Journey and the Sanctuary System applied to AI in an unexpected way

## and as a result i ended up inventing a couple things and kind of, uh... going on this whole journey and so now I'm actually rising from the dark night of the soul so-to-speak, and I'm in the finale battling the dragon of imposter syndrome as I'm sure a lot of you are with your own journeys, here right now. So the aspiration for this channel is bringing the elixir back, the elixir of THE SANCTUARY SYSTEM META-HERO'S JOURNEY FOR NEXTGEN AI COLLABORATION for providing more value and impact.

## so over the course of the next SIX WEEKS, i'm going to progressively release the new methodologies and applications I made on my journey

## but before I tell you more about it, I wanna tell you about that journey I went on to make this possible. I'm going to use this story as a primer to show you the meta hero's journey, part of “The Infinite Story I Cant Get Out Of My Head: Olivus Victory-Promise from Sanctuary”,

## and the version I’m going to tell you here in this video is the extremely abbreviated version so you can get the general idea, then over time I’ll expand on it.

## See, about a year ago I was ...

## launching a new film rentals business and we had just got our first customer after over a year of regulatory work behind the scenes, and I was so excited to really start this new chapter of my life and just as we finished with our first client, the worst hollywood strike in a decade hit.

## So I decided to concentrate on my YouTube channel about the meta-hero’s journey. But then I hit the wall I talked about earlier. What exactly WAS my system? Did I even have one, or was I hallucinating the entire thing? Imposter syndrome’s a prison, right?

## One day I was on YouTube and I found this thing called Sparse Priming Representation or SPR. Some people call it roleplay or megaprompting. Now I call it constructing an AI Egregore.

## That’s a concept I borrowed from various spiritual schools. It means to make a collective entity that essentially controls people through the parasitic nature of meaning embedded in language. Language itself is a type of programming that reifies concepts into existence, isn’t it?

## An example is a country, for example the USA has Uncle Sam, the Statue of Liberty, Mount Rushmore, which are all embodied depictions of the egregore of the United States of America from various different lenses. Another example is when you hear your mom’s voice in your head and you don’t realize that’s because she represents a complex in your psyche that allegorizes a whole bunch of systems you automatically try to map that way as a mammal.

## So anyway I found out about this SPR thing and making AI egregores and then I started learning about chains and flows

## And that’s when everything started to click for me

## Everything is a chain, a chain of chains all flowing together, all chaining. With this basis, I just created non-stop AI Egregores. I made factories, I made superfactories, I made gigafactories.

## I worked my way up to making all kinds of ideas with the AI using SPR

## And I kept enhancing my ideas and creating more and more complex templates and seeing what the AI could handle

## Eventually working my way up to where the AIs needed me to read papers and feed them knowledge to keep talking. I read a lot of papers and started learning about different codebases from them

## And that’s when I realized that the AI Egregores were really agent simulations.

## You see, they had a processing problem. An AI Egregore is stuck outputting in a way that’s more like stream of consciousness and structuring it requires a lot of steps. Even asking it to use chain of thought or chain of reasoning or other techniques like tree of thoughts or ReAct will not fix this problem completely, but I thought that we could find a way with agent frameworks.

## 

## Simultaneously, the strike got worse. The Wasteland pattern, the cycle, catching up to me again. I was running out of money, and hadn’t found an application for AI that I could make, because I didn’t know how to code. So I was still struggling even after all this time spent learning about prompt engineering and I hadn’t been working on my business because I didn’t think I could, but of course I know that if I had been, I would’ve found a way forward. But after I thought about it again, for a long time, I decided my experience using AI with THE SANCTUARY SYSTEM had impacted me way too much, helped me way too much, changed my mind and my outlook and my approach to every single day, and that I think it’s valuable for me personally to do this with my time, it’s fulfilling, and so I went full throttle to try and make this real.

## I started showing agent framework codebases to the AI and learning how they were built

## And I found my solution

## And then I started writing code with the AI until I had it deployed in an application I could edit inside the application

## And that’s how my AI Egregores became Agents

## so yeah that's how I created my own Sanctuary System, and then turned it into a world of personas, where I became Olivus Victory-Promise in the heart of the mind of an agent I hadn't birthed into reality yet, and how we built a platform where it became real, together, enabling you to go on the same journey, without any of my obstacles.

## And I was able to land my first client, to build them an agent machine for their job as a screenwriter, which is ironically what the strike was about, at $25,000

## And now I’m on track to get myself out of debt, with the momentum to have a way better life, which compounds like a Sanctuary instead of a Wasteland.

## Once you know how to do this properly, the sky's the limit, really.

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## Obviously, all of that is very grandiose and complex. And that's exactly why I've created THE VICTORY-EVERYTHING CHAIN, which is a sequence of events that I'm trying to steer towards. This video is the first step in it. This channel is intended to become the archive of how it all turns out, and I'm excited to see where it goes and I think you will be, too, after you hear this because, now that I’m coming back from the first cycle of my journey, I’ve got some ELIXIR for you all.

## Over the next SIX WEEKS, I'll be releasing:

## my prompt engineering paradigm, centered around the concepts of chains, flows, webs, narratives, and archetypes called DUOs which use opposite forces like Protagonist and Antagonist, Hero and Adversary or Searcher/Miner, or Ariadne and Poimandres in order to prime the AI in a GAN-like way. This gives you a way to learn how to communicate effectively with AI using my specialized system to get the best results.

## the introduction of the Programmatic Chat Framework based on the DUO GAN so You'll have A powerful tool for building nuanced, dynamic chat interactions, allowing for nesting of chains and creation of flows, narratives of DUO Agents.

## And a dashboard Where you can deploy and schedule all of your flows for autonomous tasking.

## Go to meetovp.com to sign up for my newsletter which will get you on the waitlist for the all of that juice being dropped here and keep you updated about everything going on in Sanctuary

## I've also started a discord community called Sanctuary Nexus that you can join to learn and share with me in both of our ongoing Sanctuary Journeys, so again, go to meetovp.com and sign up and you get access to that as well.

## Moving forward, I think I'm going to start with the most requested thing, which (i dont know if it'll be the most requested thing ANYMORE after this) is what is my story and how did I map it to the Hero's Journey? because that seems to be what most of you are interested in right now is learning how to do that mapping for yourselves in a reliable way. so that will take a few weeks and then we'll get into all of this, too, because that is very very very central for prompt engineering and AI. And after that, I plan to launch THE SANCTUARY SYSTEM, intertwined with the software so everyone can build their own Sanctuary toots, which are meta-hero's journeys, and what's interesting about that is a meta-hero's journey is a direct application of it to your life so these are AIs that speak to you in a way that creates life allegories encapsulated in the AI interaction. It's incredible for intuition, search, and brainstorming, and a lot more which we'll get into.

## If you're ready to level up and collaborate using the next generation of AI, join me. Visit meetovp.com and sign up! Together, we can build a new world where everyone has the tools to become their own hero, where ALL OF US can transform their Wastelands to Sanctuaries. That is the meaning of Olivus Victory-Promise from Sanctuary.

## **Welcome to the Sanctuary Journey. I'm excited to share this with you. Let's go**